

## **HOURS OF OPERATION:**

## MONDAY - THURSDAY | 5:30AM - 9PM

FRIDAY | 5:30AM - 7PM

SATURDAY | 8AM - 12PM

## WEEKLY GYM CALENDAR | JANUARY 27 - FEBRUARY 2

MONDAY JANUARY 27	TUESDAY JANUARY 28	WEDNESDAY JANUARY 29	THURSDAY JANUARY 30	FRIDAY JANUARY 31	SATURDAY FEBRUARY 1	SUNDAY FEBRUARY 2
5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM		
6:30 - 9 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM 8:15 - 11 AM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 9 AM PICKLEBALL OPEN GYM 9:15 - 11 AM	8 - 10 AM PICKLEBALL OPEN GYM  10 AM - 12 PM OPEN GYM	CLOSED
9:15 - 11 AM SILVERSNEAKERS FITNESS CLASSES	8:30 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES	SILVERSNEAKERS FITNESS CLASSES 11 AM - 12 PM OPEN GYM	8:30 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES	SILVERSNEAKERS FITNESS CLASSES 11 AM - 12 PM OPEN GYM		
11 AM - 12 PM OPEN GYM	10:30 AM - 12 PM OPEN GYM	12 - 1 PM FIT FUNDAMENTALS	10:30 AM - 12 PM OPEN GYM	11 AM - 12 PM TOTAL BODY BLAST		
12 - 3:45 PM PICKLEBALL OPEN GYM	12 - 4 PM PICKLEBALL OPEN GYM	1 - 3:45 PM PICKLEBALL OPEN GYM	12 - 4 PM PICKLEBALL OPEN GYM	12 - 5 PM PICKLEBALL OPEN GYM		
3:45 - 9 PM YOUTH BASKETBALL PRACTICES	4 - 9 PM YOUTH BASKETBALL PRACTICES	3:45 - 9 PM YOUTH BASKETBALL PRACTICES	4 - 9 PM YOUTH BASKETBALL PRACTICES	5 - 7 PM YOUTH BASKETBALL PRACTICES		

## 'TIMES ARE SUBJECT TO CHANGE'