



HOURS OF OPERATION:

MONDAY - THURSDAY | 5:30AM - 9PM

FRIDAY | 5:30AM - 7PM

SATURDAY | 8AM - 12PM

WEEKLY GYM CALENDAR | MARCH 3 - 9

MONDAY MARCH 3	TUESDAY MARCH 4	WEDNESDAY MARCH 5	THURSDAY MARCH 6	FRIDAY MARCH 7	SATURDAY MARCH 8	SUNDAY MARCH 9
5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM		
6:30 - 9 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 9 AM PICKLEBALL OPEN GYM	8 - 10 AM PICKLEBALL OPEN GYM	
9:15 - 11 AM SILVERSNEAKERS FITNESS CLASSES	8:30 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES	8:15 - 11 AM SILVERSNEAKERS FITNESS CLASSES	8:30 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES	9:15 - 11 AM SILVERSNEAKERS FITNESS CLASSES		
11 AM - 12 PM OPEN GYM	10:30 AM - 12 PM OPEN GYM	11 AM - 12 PM OPEN GYM	10:30 AM - 12 PM OPEN GYM	11 AM - 12 PM TOTAL BODY BLAST	10 AM - 12 PM OPEN GYM	
12 - 4 PM PICKLEBALL OPEN GYM	12 - 4 PM PICKLEBALL OPEN GYM	12 - 1 PM FIT FUNDAMENTALS	12 - 4 PM PICKLEBALL OPEN GYM	12 - 1 PM OPEN GYM		
4 - 9 PM OPEN GYM	4 - 9 PM OPEN GYM	1 - 4 PM PICKLEBALL OPEN GYM	4 - 9 PM OPEN GYM	1 - 4 PM PICKLEBALL OPEN GYM		
		4 - 9 PM OPEN GYM		4 - 7 PM OPEN GYM		
						CLOSED



TIMES ARE SUBJECT TO CHANGE